

SEPTEMBER 2023 TALLADEGA COUNTY SCHOOLS BREAKFAST MENU K-12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				1 WG French Toast Sticks 3ea Assorted WG Cereal 1ea Mixed Fruit ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Syrup 1ea
4 Holiday	5 Sausage Biscuit 1ea Assorted WG Cereal 1ea Peaches ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	6 Cheese Grits ½ c WG Toast 1 slice Sausage Link 1ea Assorted WG Cereal 1ea Pineapple ½ c / Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea	7 Chicken Biscuit 1ea Assorted WG Cereal 1ea Mandarin Oranges ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	8 WG Cinnamon Roll 1ea Cheese Stick 1ea Assorted WG Cereal 1ea Mixed Fruit ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz
11 WG Cinnamon Bun 1ea Sausage Link 1ea Assorted WG Cereal 1ea Pears ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz	12 Ham and Cheese Biscuit 1ea Assorted WG Cereal 1ea Peaches ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	13 Breakfast Pizza 1 slice Assorted WG Cereal 1ea Pineapple ½ c / Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz	14 Bologna Biscuit 1ea Assorted WG Cereal 1ea Mandarin Oranges ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	15 WG Pancake on a Stick 1ea Assorted WG Cereal 1ea Mixed Fruit ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Syrup 1ea
18 WG Pop Tart 1ea Cheese Stick 1ea Assorted WG Cereal 1ea Pears ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz	19 Sausage Biscuit 1ea Assorted WG Cereal 1ea Peaches ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	20 Scrambled Eggs 1oz or Egg Patty 1ea Bacon 2 slices WG Toast 1 slice / Assorted Jelly 1ea Assorted WG Cereal 1ea Pineapple ½ c / Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz	21 Chicken Biscuit 1ea Assorted WG Cereal 1ea Mandarin Oranges ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	22 WG Waffle Sticks 2ea Sausage Patty 1ea Assorted WG Cereal 1ea Mixed Fruit ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Syrup 1ea
25 WG Muffin 1ea Cheese Stick 1ea Assorted WG Cereal 1ea Pears ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz	26 Ham and Cheese Biscuit 1ea Assorted WG Cereal 1ea Peaches ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	27 Fruit Parfait 1ea Assorted WG Cereal 1ea Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz	28 Bologna Biscuit 1ea Assorted WG Cereal 1ea Mandarin Oranges ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Assorted Jelly 1ea / Mustard 1ea	29 WG Mini Pancakes 1pk Sausage Link 1ea Assorted WG Cereal 1ea Mixed Fruit ½ c Fresh Fruit 1ea Assorted Fruit Juice 4oz Milk Choice 8oz Syrup 1ea